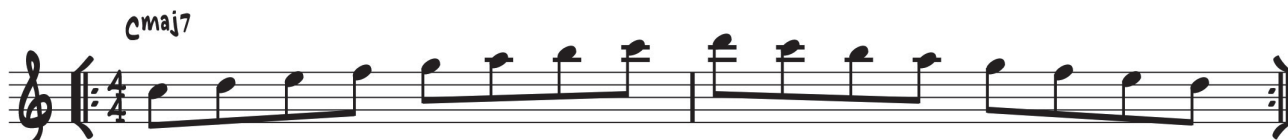


DAY 1

CMAJ7 (I)

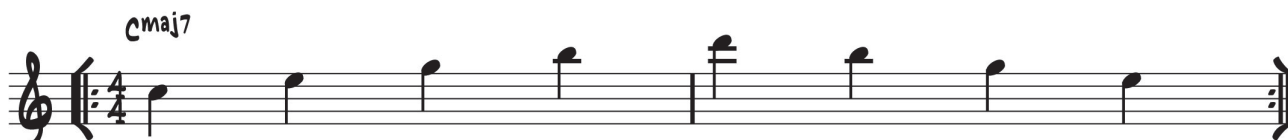
Relative scale

Each CMAJ7 chord corresponds to the C major scale:



Relative arpeggio

Each CMAJ7 chord corresponds to the CMAJ7 arpeggio, consisting of the 1st, 3rd, 5th and 7th degree of the scale. When there are two CMAJ7 bars, instead of repeating the octave (C), try playing 9th degree (D):



Playing with Swing

Before starting with the first CMAJ7 chord exercise, it is essential to stop to understand how to go about interpreting the notes on a swing rhythm.

In this example made up of eights notes (first line), I'll show you what their exact interpretation in swing rhythm is (second line):

The first line of music shows a melody in 4/4 time consisting of eighth notes. The second line shows the same melody with triplet markings (a '3' above a bracket) under every eighth note, indicating a swing feel.

Exercise n. 1 on CMAJ7

Do this exercise with the backing track **NR BACKING TRACK N.1 - CMAJ7 (Swing)**; try to do it from memory.

The exercise consists of four staves of music in 4/4 time. The first staff is marked "PLAY 4 TIMES" and "Cmaj7". The second staff starts at measure 5, the third at measure 9, and the fourth at measure 13.

Exercise n.2 on CMAJ7

(Bossa Nova)

Nicola Rizzo

A
4/4 C Δ 7

Exercise n.3 on CMAJ7

(Funk)

Nicola Rizzo

A
4/4 C Δ 7
